

CREATION OF A PODCAST AS A TEACHING TOOL FOR LEARNERS TO IMPROVE PATIENT-PROVIDER INTERACTIONS

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Introduction

- Podcasts are a popular form of media that can be entertaining and informative. The
- Doctors and Donuts podcast aims to provide a medium through which learners (students, residents) can learn ways to improve their communication with patients though effective and simple methods.



Methods

- An original podcast was created with a theme wherein the host would play the role of a typical patient. Attending physicians were brought on as “guests” and they were interviewed by the host.
- Each interview was focused on one family medicine topic (hypertension, hyperlipidemia, diabetes, etc...).
- The host would ask questions that were structured as a medical question using basic vernacular that a real patient would typically use.
- The attending “guests” answered the questions in a way that would mimic how they would effectively speak with real patients during a clinical visit in order for the patients to understand a possibly complex medical issue.
- The podcast was made available to residents who were then surveyed afterwards.

Contact Information

Checkout the *Doctors and Donuts Podcast* on Spotify, YouTube, and Apple Podcasts
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Results

- Residents responded with overall satisfaction at the ease of accessibility and comfort with the podcast medium.
- They noted an increase in their comfort and confidence in regards to speaking with patients, and an improved knowledge on how to answer typical patient questions effectively during a visit.
- They additionally expressed appreciation in being able to see different physicians and their approach to patient communication.

Conclusion

- Podcasts are a popular form of media currently that is easily accessible through phones, computers, and TVs.
- Using this medium was an effective way to engage young learners like medical residents, and teach them important skills such as how to properly and successfully communicate with patients and convey complex medical issues in a simpler and powerful way.