



POMA 118th Annual Clinical Assembly

May 13-16, 2026 • Live/Virtual Simulcast from Kalahari Resort
May 20-June 20, 2026 • On-Demand

- AOA CME credits
- AMA CME credits

- Patient Safety
- Opioid Credits
- CPSL Credits

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#POMA26

Grounded in Tradition, Growing for Tomorrow

DAY 1 – WEDNESDAY, MAY 13, 2026			8 CME HOURS
SESSION		TIME	CREDITS
Registration Open		7:00 AM – 6:00 PM	
Breakfast Available		7:00 AM – 8:00 AM	
Exhibit Hall Open		11:00 AM – 7:30 PM	
OPENING SESSION		8:00 AM – 11:05 PM	3 HOURS
Opening Remarks	Anthony E. DiMarco, DO	8:00 AM – 8:05 AM	
Michael F. Avallone, DO, Opening Session: From Barracks to Battlefield: System-Level Challenges in Delivering PTSD Care	Jonathan Oline, DO	8:05 AM – 9:35 AM	1.5
S. Lawrence Koplovitz, DO, Keynote Address: High-Pressure Communication: Lessons from the Broadcast Booth	Josh Getzoff - Emmy Award-Winning Pittsburgh Penguins Play-By-Play Broadcaster	9:35 AM – 11:05 AM	1.5
Lunch Break Networking Opportunity Visit Exhibits		11:05 AM – 12:00 PM	
INNOVATION IN HEART HEALTH		12:00 PM – 5:30 PM	5 HOURS
The Heart of Cancer Care: Essential Updates in Cardio-Oncology	Deborah Sundlof, DO	12:00 PM – 1:00 PM	1
Patent Foramen Ovale/Atrial Septal Defect	Gabriela Narowska, DO	1:00 PM – 2:00 PM	1
Afternoon Break Networking Opportunity Visit Exhibits		2:00 PM – 2:30 PM	
Hypertriglyceridemia/Dyslipidemia	Rujul Patel DO	2:30 PM – 3:30 PM	1
Transcatheter Tricuspid Valve Replacement/Transcatheter Edge-to-Edge Repair	Bryan Kluck, DO	3:30 PM – 4:30 PM	1
Modern Heart Failure Management: Guideline Updates and Emerging Best Practices	Joyce Wald, DO	4:30 PM – 5:30 PM	1
WELCOME RECEPTION – OPEN TO ALL PARTICIPANTS		5:30 PM – 6:30 PM	

THURSDAY, MAY 14, 2026			8 CME HOURS
SESSION		TIME	CREDITS
WELLNESS WALK – OPEN TO ALL PARTICIPANTS – MEET AT TREE OF LIFE <i>Organized by the POMA Physician Wellness Committee</i>		6:15 AM	
Registration Open		6:30 AM – 4:30 PM	
Exhibit Hall Open - Breakfast Available		6:30 AM – 7:30 AM	
CARING ACROSS THE CONTINUUM		8:00 AM – 6:00 PM	8 HOURS
Are You Dry? Sjögren's Syndrome	Barry Getzoff, DO	8:00 AM – 9:00 AM	1
Microsurgery of Lymphedema	Michael Tecce, DO	9:00 AM – 10:00 AM	1
Morning Break Networking Opportunity Visit Exhibits		10:00 AM – 10:30 AM	
10 Most Common OTC Products	Fred Goldstein, DO	10:30 AM – 11:30 AM	1
Patients Refractory to GLP-1: GLS-1 “non-responders”	Jeffrey Freeman, DO	11:30 AM – 12:30 AM	1
Lunch Break Networking Opportunity Visit Exhibits		12:30 PM – 1:30 PM	

Building Vaccine Trust	Logan Grimes, MD	1:30 PM – 2:30 PM	1
Vaccine Hesitancy	Michael Srulevich, DO	2:30 PM – 3:30 PM	1
Afternoon Break Networking Opportunity Visit Exhibits		3:30 PM – 4:00 PM	
Population Health – Metric/Population	Benjamin Chack, DO	4:00 PM – 5:00 PM	1
Practical Osteopathic Manipulative Treatment for the Outpatient Setting: A Top-Five Techniques Review	Lauren Noto Bell, DO	5:00 PM – 6:00 PM	1
RECEPTIONS – POMPAC, LECOM, PCOM			

FRIDAY, MAY 15, 2026			7.5 CME HOURS
SESSION		TIME	CREDITS
WELLNESS WALK – OPEN TO ALL PARTICIPANTS – MEET AT TREE OF LIFE <i>Organized by the POMA Physician Wellness Committee</i>		6:15 AM	
Registration Open		6:30 AM – 5:00 PM	
Exhibit Hall Open - Breakfast Available		6:30 AM – 7:30 AM	
WHOLE PERSON WELLNESS		7:00 AM – 12:30 AM	7.5 HOURS
Modern COPD Management: Guideline Updates and Practice-Changing Insights	Peter Saccone, DO	8:00 AM – 9:00 AM	1
Hot Topics in GI: A Comprehensive Update for Primary Care	Matthew Sullivan, DO	9:00 AM – 10:00 AM	1
Morning Break Networking Opportunity Visit Exhibits		10:00 AM – 10:30 AM	
Obesity: Blame it on the Brain	Christopher Still, DO	10:30 AM – 11:30 AM	1
Below the Belt: Testosterone Deficiency and Replacement	Avidon Appel, DO	11:30 AM – 12:30 PM	1
Lunch Break Networking Opportunity Visit Exhibits		12:30 PM – 1:30 PM	
Overview of the DEA Diversion Program	Alida Lefebvre	1:30 PM – 2:30 PM	1
Modern Management of Psoriasis: New Therapies, New Guidelines, New Insights	Matthew Helm, MD	2:30 PM – 3:30 PM	1
Afternoon Break Networking Opportunity Visit Exhibits		3:30 PM – 3:45 PM	
Foot Problems in Everyday Practice: High-Value Podiatric Care for Family Physicians	Simon Tabchi, DPM	3:45 PM – 4:30 PM	.75
Screening for Intimate Partner Violence: Best Practices for Today's Healthcare Team		4:30 PM – 5:15 PM	.75
PRESIDENT'S RECEPTION & CELEBRATION – OPEN TO ALL PARTICIPANTS <i>Black Tie Optional</i>		6:00 PM – 10:00 PM	

SATURDAY, MAY 15, 2026			9 CME HOURS
SESSION		TIME	CREDITS
WELLNESS WALK – OPEN TO ALL PARTICIPANTS – MEET AT TREE OF LIFE <i>Organized by the POMA Physician Wellness Committee</i>		7:15 AM	
Registration Open		7:30 AM – 1:00 PM	
Breakfast Available		7:30 AM – 8:30 PM	
MEETING PA REQUIREMENTS		7:30 AM – 4:30 PM	4 HOURS
Mandated Reporting of Suspected Child Abuse: Knowing Your Role in the Protection of Our Children		8:00 AM – 10:00 AM	2 (CA)
Morning Break Networking Opportunity		10:00 AM – 10:30 AM	
Pain Management & Opioids: A Patient-Centered Approach	Annette Carron, DO	10:30 AM – 12:30 PM	2 (OP)
Lunch Break Dismissal		12:30 AM – 1:30 PM	

VIRTUAL SESSIONS		1:30 AM – 5:30 PM	5 HOURS
Respiratory Infections Across the Care Continuum: Diagnosis, Management, and Prevention	Joseph Moran, DO	1:30 PM – 2:30 PM	1 (PS)
STDs Don't Have an Age Limit: Prevention, Detection, and Management in the Elderly	Nicol Joseph, DO	2:30 PM – 3:30 PM	1
Navigating End-of-Life Care: Clinical, Ethical, and Communication Challenges for Today's Clinician	Meera Shah, DO	3:30 PM – 4:30 PM	1
Rural Health Care Crisis in Pennsylvania	Leesha Helm, MD	4:30 PM – 5:30 PM	1
Nephrology	Michael Levin, DO	5:30 PM – 6:30 PM	1

Note, this agenda and educational topics are subject to change.

CONFERENCE FORMAT AND CREDIT OFFERING

POMA26 offers live in-person, simulcast, and on-demand participation options, all of which qualify for Category 1-A AOA CME credit. Content experts are available both in person and virtually to address participant questions and comments.

ACCREDITATION STATEMENT

The Pennsylvania Osteopathic Medical Association (POMA) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. POMA designates this live activity for a maximum of 34 Category 1-A AOA CME credits and will report CME credits to the AOA commensurate with the extent of the physician's participation in this activity.

The Pennsylvania Osteopathic Medical Association (POMA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. POMA designates this live activity for a maximum of 34 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The POMA 118th Annual Clinical Assembly has been planned and implemented in accordance with the accreditation requirements and policies of the AOA Council on Continuing Medical Education and the ACCME. Attendees can earn 1 CME credit for every 60 minutes of educational time.