

# POMA 117th Annual Clinical Assembly

May 7-10, 2025 • Kalahari Resort in the Poconos

May 15 - June 15, 2025 • On-Demand



- ✓ Connection
- ✓ Collaboration
- ✓ Education
- ✓ Inspiration

- ✓ AGA CME credits
- ✓ AMA CME credits
- ✓ Patient Safety
- ✓ Oploid Credits
- ✓ CPSL Credits

**REGISTRATION AND ROOM BLOCK ARE OPEN**

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## - Tentative Schedule -

DAY 1 – WEDNESDAY, MAY 7, 2025		8 CME HOURS	
SESSION		TIME	CREDITS
Registration Open		7:00 AM – 6:00 PM	
Breakfast Available		7:00 AM – 8:00 AM	
Exhibit Hall Open		11:00 AM – 7:30 PM	
<b>OPENING SESSION</b>		<b>8:00 AM – 11:05 PM</b>	<b>3 HOURS</b>
Opening Remarks	Anthony E. DiMarco, DO	8:00 AM – 8:05 AM	
Michael F. Avallone, DO, Opening Session	Ayanna Kersey-McMullen, DO	8:05 AM – 9:35 AM	1.5
S. Lawrence Koplovitz, DO, Keynote Address: Humor and Medicine	Dave Raymond	9:35 AM – 11:05 AM	1.5
Lunch Break   Networking Opportunity   Visit Exhibits		11:05 AM – 12:00 PM	
<b>CARDIOLOGY SESSION</b>		<b>12:00 PM – 5:30 PM</b>	<b>5 HOURS</b>
Spontaneous Coronary Artery Dissection	Bryan Kluck, DO	12:00 PM – 12:30 PM	.5
Coronary Spasm	Bryan Kluck, DO	12:30 PM – 1:00 PM	.5
Venous Insufficiency	Russel Rosenberg, MD	1:00 PM – 1:30 PM	.5
Peripheral Artery Disease	Russel Rosenberg, MD	1:30 PM – 2:00 PM	.5
Afternoon Break   Networking Opportunity   Visit Exhibits		2:00 PM – 2:30 PM	
Aortic Stenosis	Kamleish Persad, DO	2:30 PM – 3:00 PM	.5
Mitral Regurgitation	Kamleish Persad, DO	3:00 PM – 3:30 PM	.5
Treatment of Coronary Artery Disease	Gene Iucci, DO	3:30 PM – 4:00 PM	.5
Management of Coronary Artery Disease	Gene Iucci, DO	4:00 PM – 4:30 PM	.5
Congestive Heart Failure	Joyce Wald, DO	4:30 PM – 5:30 PM	1
<b>WELCOME RECEPTION – OPEN TO ALL PARTICIPANTS</b>		5:30 PM – 6:30 PM	

THURSDAY, MAY 8, 2025		9.5 CME HOURS	
SESSION		TIME	CREDITS
<b>WELLNESS WALK – OPEN TO ALL PARTICIPANTS – MEET AT TREE OF LIFE</b> <i>Organized by the POMA Physician Wellness Committee</i>		6:15 AM	
Registration Open		6:30 AM – 4:30 PM	
Breakfast Available		6:30 AM – 7:30 AM	
Exhibit Hall Open		6:30 AM – 4:30 PM	
<b>MEDICINE SESSION</b>		<b>7:00 AM – 12:30 PM</b>	<b>5 HOURS</b>
“Fatty Liver” now “MASH & MASLD”	J. Steven Blake, DO	7:00 AM – 8:00 AM	1
Managing Medical Errors	J. Steven Blake, DO	8:00 AM – 9:00 AM	1 (PS)
Celiac Disease	Justin DeRosa, DO	9:00 AM – 9:30 AM	.5
IBS	Justin DeRosa, DO	9:30 AM – 10:00 AM	.5
Morning Break   Networking Opportunity   Visit Exhibits		10:00 AM – 10:30 AM	
<b>Blood Drive</b>		10:00 AM – 3:00 PM	

<b>MEDICINE SESSION (cont'd)</b>			
PSA and PSMA	Eric Ghiraldi, DO	10:30 AM – 11:00 AM	.5
Urinary Incontinence	Eric Ghiraldi, DO	11:00 AM – 11:30 AM	.5
Adult Vaccinations	Peter Bidey, DO	11:30 AM – 12:00 PM	.5 (PS)
Pediatric Vaccinations	Angela Zawisza, DO	12:00 PM – 12:30 PM	.5 (PS)
Lunch Break   Networking Opportunity   Visit Exhibits		12:30 PM – 1:30 PM	
<b>SLEEP MEDICINE SESSION</b>		<b>1:30 PM – 6:15 PM</b>	<b>4.5 HOURS</b>
Sleep Hygiene	Angela Zawisza, DO	1:30 PM – 2:00 PM	.5
Parasomnias and Restless Leg	Joseph Venditto, DO	2:00 PM – 2:30 PM	.5
Is It Autism Spectrum or ADHD?	Joseph Venditto, DO	2:30 PM – 3:00 PM	.5
Degenerative Diseases of the Brain	Brian Balin, PhD	3:00 PM – 4:00 PM	1
Afternoon Break   Networking Opportunity   Visit Exhibits		4:00 PM – 4:15 PM	
Sleep Study	Peter Saccone, DO	4:15 PM – 4:45 PM	.5
Sleep Study: Now What?	Peter Saccone, DO	4:45 PM – 5:15 PM	.5
Surgical Therapies for OSA	Valeri Roth, DO	5:15 PM – 5:45 PM	.5
Allergic Rhinitis	Valeri Roth, DO	5:45 PM – 6:15 PM	.5
<b>RECEPTIONS – POMPAC, LECOM, PCOM</b>		6:30 PM – 8:00 PM	

<b>FRIDAY, MAY 9, 2025</b>			<b>8.5 CME HOURS</b>
<b>SESSION</b>		<b>TIME</b>	<b>CREDITS</b>
<b>WELLNESS WALK – OPEN TO ALL PARTICIPANTS – MEET AT TREE OF LIFE</b> <i>Organized by the POMA Physician Wellness Committee</i>		6:15 AM	
Registration Open		6:30 AM – 5:00 PM	
Breakfast Available		6:30 AM – 7:30 AM	
Exhibit Hall Open		6:30 AM – 12:30 PM	
<b>MEDICINE SESSION</b>		<b>7:00 AM – 11:30 AM</b>	<b>5 HOURS</b>
Biologics in Asthma	Peter Saccone, DO	7:00 AM – 7:30 AM	.5
Pulmonary Update	Peter Saccone, DO	7:30 AM – 8:00 AM	.5
Lipid Management	Jason Kaplan, DO	8:00 AM – 8:30 AM	.5
Pre-op Cardiovascular Risk Assessment	Jason Kaplan, DO	8:30 AM – 9:00 AM	.5
Screening Colon Cancer	Kimberly Chaput, DO	9:00 AM – 9:30 AM	.5
Update on H. pylori	Shannon Tosounian, DO	9:30 AM – 10:00 AM	.5
Morning Break   Networking Opportunity   Visit Exhibits		10:00 AM – 10:30 AM	
Heme Onc	Jean Marie Koka, DO	10:30 AM – 11:00 AM	.5
Heme Onc	Jean Marie Koka, DO	11:00 AM – 11:30 AM	.5
SGLT2 Inhibitors and Renal Dysfunction	Michael Levin, DO	11:30 AM – 12:00 PM	.5
Late Breaking Trials in CKD	Michael Levin, DO	12:00 PM – 12:30 PM	.5
Lunch Break   Networking Opportunity   Visit Exhibits		12:30 PM – 1:30 PM	
<b>LIFESTYLE MEDICINE SESSION</b>		<b>1:30 PM – 5:00 PM</b>	<b>3.5 HOURS</b>
Overview of Lifestyle Medicine	Mihir Modi, DO	1:30 PM – 2:00 PM	.5
Interactive Lifestyle Medicine Session	Mihir Modi, DO	2:00 PM – 2:30 PM	.5
Aging Well – A Focus on the Importance of Exercise and Preventive Care	Meera Shah, DO	2:30 PM – 3:00 PM	.5
Falls and Frailty	Meera Shah, DO	3:00 PM – 3:30 PM	.5
Medical Weight Reduction Options	Leonardo Claros, MD	3:30 PM – 4:00 PM	.5
Bariatric Surgery	Leonardo Claros, MD	4:00 PM – 4:30 PM	.5
TBD	TBD	4:30 PM – 5:00 PM	.5
<b>PRESIDENT'S RECEPTION &amp; CELEBRATION – OPEN TO ALL PARTICIPANTS</b> <i>Black Tie Optional</i>		6:00 PM – 10:00 PM	

SATURDAY, MAY 10, 2025		7.5 CME HOURS	
SESSION		TIME	CREDITS
<b>WELLNESS WALK – OPEN TO ALL PARTICIPANTS – MEET AT TREE OF LIFE</b> <i>Organized by the POMA Physician Wellness Committee</i>		7:15 AM	
Registration Open		7:30 AM – 1:00 PM	
Breakfast Available		7:30 AM – 8:30 PM	
<b>REGULATORY SESSION</b>		<b>7:30 AM – 4:30 PM</b>	<b>7.5 HOURS</b>
TBD	TBD	7:30 AM – 9:00 AM	1.5 (OP)
TBD	TBD		
Morning Break   Networking Opportunity		9:30 AM – 9:45 AM	
Gender Dysphoria	Laurissa Kashmer, MD	9:45 AM – 10:45 AM	1
Helping Patients Navigate the Cost of Healthcare	Pamela Goldman, DO	10:45 AM – 11:45 AM	1 (PS)
Lunch Break   Networking Opportunity		11:45 AM – 12:30 PM	
The Intersection of Illness, Professionalism, Moral Distress and Burnout	Rehab Tabchi, DO Renata Carneiro, PhD	12:30 PM – 2:00 PM	1.5 (PS)
Coping Techniques and Resources for Secondary Trauma and Compassion Fatigue	Caitlin Matthis, DO	2:00 PM – 3:30 PM	1.5 (PS)
TBD	TBD	3:30 PM – 4:30 PM	1

***Note, this agenda and educational topics are subject to change.***

#### **CONFERENCE FORMAT AND CREDIT OFFERING**

POMA25 offers the option to participate live, in-person and/or virtually, on-demand. Both options meet the requirements for Category 1-A AOA CME credit to be awarded to all participants. The content experts (speakers) are available both in-person and virtually to respond to questions/comments on the content presented.

Full conference participation offers 34 Category 1A AOA Credits which includes 6 Patient Safety Credits applicable to Pennsylvania licensure requirements.

#### **ACCREDITATION STATEMENT**

The Pennsylvania Osteopathic Medical Association (POMA) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. POMA designates this live activity for a maximum of 34 Category 1-A AOA CME credits and will report CME credits to the AOA commensurate with the extent of the physician's participation in this activity.

The Pennsylvania Osteopathic Medical Association (POMA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. POMA designates this live activity for a maximum of 34 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The POMA 117th Annual Clinical Assembly has been planned and implemented in accordance with the accreditation requirements and policies of the AOA Council on Continuing Medical Education and the ACCME. Attendees can earn 1 CME credit for every 60 minutes of educational time.