

POMA 116TH ANNUAL CLINICAL ASSEMBLY





WWW.POMA.ORG/POMA24

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#POMA24

Tentative Conference Schedule

Agenda and topics are subject to change.

DAY 1 – WEDNESDAY, MAY 1, 2024			9 CME HOURS
SESSION		TIME	CREDITS
Registration		7:00 AM – 6:00 PM	
Breakfast		7:00 AM – 8:00 AM	
OPENING SESSION		8:00 AM – 11:05 PM	3 HOURS
Opening Remarks	Anthony E. DiMarco, DO	8:00 AM – 8:05 AM	
Michael F. Avallone, DO, Opening Session: The Importance of Advocacy in Today's World	Catharine Conner	8:05 AM – 9:20 AM	1.25
S. Lawrence Koplovitz, DO, Keynote Address: Beyond the Battle – Serving Those Who Served	Misha Briere, DO	9:20 AM – 11:10 AM	1.75
Lunch Break Visit Exhibits		11:10 AM – 12:00 PM	
CARDIOLOGY SESSION		12:00 PM – 6:30 PM	6 HOURS
POTS Syndrome: Autonomic Dystonia	Kellyanne Spratt, DO	12:00 PM – 1:00 PM	1
Mitral Regurgitation & Congestive Heart Failure	Hansie Mathelier, MD	1:00 PM – 2:00 PM	1
Atrial Fibrillation: New Guidelines	Bryan Kluck, DO	2:00 PM – 3:00 PM	1
Cardiology Roundtable Discussion	Craig Frankil, DO (mod.)	3:00 PM – 3:20 PM	.33
Break Visit Exhibits		3:20 PM – 3:50 PM	
Osteopathic Comment in Cardiology	Jennifer Lorine, DO	3:50 PM – 4:10 PM	.33
Venous Insufficiency & Venous Wound Care	Bryan Kluck, DO	4:10 PM – 5:10 PM	1
Acute and Chronic Pericarditis	Gene lucci, DO	5:10 PM – 6:10 PM	1
Cardiology Roundtable Discussion	Craig Frankil, DO (mod.)	6:10 PM – 6:30 PM	.33
POMA WELCOME RECEPTION – OPEN TO ALL PARTICIPANTS		6:30 PM – 7:30 PM	

THURSDAY, MAY 2, 2024			9 CME HOURS
SESSION		TIME	CREDITS
WELLNESS WALK – OPEN TO ALL PARTICIPANTS – MEET AT TREE OF LIFE Organized by the POMA Physician Wellness Committee		6:15 AM	
Registration		6:30 AM – 4:30 PM	
Breakfast		6:30 AM – 7:30 PM	
LABORATORY MEDICINE SESSION		7:00 AM – 12:30 PM	5.5 HOURS
Understanding Liver Function Tests	J. Steven Blake, DO	7:00 AM – 7:30 AM	.5
Understanding Hepatitis Studies	J. Steven Blake, DO	7:30 AM – 8:00 AM	.5
Interpreting Home Sleep Studies	Peter Saccone, DO	8:00 AM – 8:30 AM	.5
Pulmonary Functions	Peter Saccone, DO	8:30 AM – 9:00 AM	.5
Break Visit Exhibits		9:00 AM – 9:30 AM	

LABORATORY MEDICINE SESSION (cont'd)			
Thyroid Function Tests	Jeffery Freman, DO	9:30 AM – 10:00 AM	.5
Diabetic Lab Studies	Jeffrey Freeman, DO	10:00 AM – 10:30 AM	.5
What to do with a Positive ANA Test	David Chesner, DO	10:30 AM – 11:00 AM	.5
Rheumatology Labs	David Chesner, DO	11:00 AM – 11:30 AM	.5
Laboratory Studies in the Elderly	Nicol Joseph, DO	11:30 AM – 12:00 PM	.5
Opioids and Benzos in the Elderly	Nicol Joseph, DO	12:00 PM – 1:00 PM	1 (OP)
Lunch Break Visit Exhibits		1:00 PM – 1:45 PM	
DRUGS & MENTAL HEALTH MEDICINE SESSION		1:45 PM – 5:30 PM	3.5 HOURS
Deciphering Bone Density Studies	Michael Srulevich, DO	1:45 PM – 2:15 PM	.5
Improper Prescribing in the Elderly	Michael Srulevich, DO	2:15 PM – 3:15 PM	1
Break Visit Exhibits		3:15 PM – 3:30 PM	
Rural Patients w/ Substance Use Disorder	Mohit Chhatpar, DO	3:30 PM – 4:00 PM	.5
Deadly Substances: Fentanyl, Xylazine, Ketamine	Karen Arscott, DO	4:00 PM – 4:45 PM	.75 (OP)
Alcohol and Benzos	Karen Arscott, DO	4:45 PM – 5:15 PM	.5
Panel Discussion	Dr. Chhatpar & Dr. Arscott	5:15 PM – 5:30 PM	.25
RECEPTIONS – POMPAC, LECOM, PCOM		5:30 PM – 8:00 PM	

FRIDAY, MAY 3, 2024			8.5 CME HOURS
SESSION		TIME	CREDITS
WELLNESS WALK – OPEN TO ALL PARTICIPANTS – MEET AT TREE OF LIFE Organized by the POMA Physician Wellness Committee		6:15 AM	
Registration		6:30 AM – 5:00 PM	
Breakfast		6:30 AM	
PREVENTIVE SCREENINGS & NEV	V GUIDELINES SESSION	7:00 AM – 11:30 AM	4 HOURS
Colon Cancer Screening	J. Steven Blake, DO	7:00 AM – 7:30 AM	.5 (PS)
Irritable Bowel Syndrome: ACG Guidelines	J. Steven Blake, DO	7:30 AM – 8:00 AM	.5
Celiac Disease	Matthew Chan, DO	8:00 AM – 8:30 AM	.5
Management of GERD	Matthew Chan, DO	8:30 AM – 9:00 AM	.5
Break Visit Exhibits		9:00 AM – 9:30 AM	
Cervical Cancer Screening	Joanne Kakaty-Monzo, DO	9:30 AM – 10:00 AM	.5 (PS)
Breast Cancer Screening	Joanne Kakaty-Monzo, DO	10:00 AM – 10:30 AM	.5 (PS)
Updates in Lung Cancer Screening	Joseph Moran, DO	10:30 AM – 11:00 AM	.5 (PS)
Updates in Outpatient Mgmt of Asthma	Joseph Moran, DO	11:00 AM – 11:30 AM	.5 (PS)
Lunch Break Visit Exhibits		11:30 AM – 12:30 PM	
APPLYING OSTEOPATHIC PRINCIPLES IN TEAM-BASED CARE SESSION		12:30 PM – 5:00 PM	4.5 HOURS
Everyday OMM	Lindsey Heiple, DO Jared Maurer, DO	12:30 PM – 1:00 PM	.5
Osteopathic Approach to Headaches	Brianne Wehner, DO	1:00 PM – 2:00 PM	1
Team-based Model of Care	Lindsey Heiple, DO Autumn Stewart-Lynch, PharmD	2:00 PM – 2:30 PM	.5 (PS)
Continuous Glucose Monitoring	Autumn Stewart-Lynch, PharmD	2:30 PM – 3:15 PM	.75
Weight Management: Novel Therapies	Autumn Stewart-Lynch, PharmD Nicholas Lieb, DO	3:15 PM – 4:00 PM	.75
Osteopathic Approach to Dysmenorrhea	Brianne Wehner, DO	4:00 PM – 5:00 PM	1

PRESIDENT'S RECEPTION & CELEBRATION – OPEN TO ALL PARTICIPANTS

Black Tie Optional Child Care Service Available

SATURDAY, MAY 4, 2024			7.5 CME HOURS
SESSION		TIME	CREDITS
WELLNESS WALK – OPEN TO ALL PARTICIPANTS – MEET AT TREE OF LIFE Organized by the POMA Physician Wellness Committee		7:15 AM	
Registration		7:30 AM – 1:00 PM	
Breakfast		7:30 AM – 8:30 PM	
REGULATORY SESSION		8:00 AM – 12:30 PM	4 HOURS
Mandated Reporting of Suspected Child Abuse: Knowing Your Role in the Protection of Our Children	Tammi Burke	8:00 AM – 10:00 AM	2 (CPSL)
Break		10:00 AM – 10:15 AM	
Team Based Care Approach to Healthcare	Julia Lees, PharmD	10:15 AM – 11:15 AM	1
Team Building Strategies	Pamela Goldman, DO	11:15 AM – 12:15 PM	1 (PS)
POMA DERBY DAY RACE Lunch Break		12:15 PM – 1:00 PM	
REGULATORY SESSION		1:00 PM – 4:30 PM	3.5 HOURS
Al Present and Future in Medicine	Erik Langenau, DO	1:00 PM – 2:00 PM	1
Child Safety and Social Media	Paul Ballas, DO	2:00 PM – 3:00 PM	1 (PS)
Social Media and Sex Trafficking	Tammi Burke	3:00 PM – 4:00 PM	1 (PS)
Panel Discussion	Michael Venditto, DO (mod.)	4:00 PM – 4:30 PM	.5

Note, this agenda and educational topics are subject to change.

POMA24 offers the option to participate live, in-person and/or virtually, on-demand. Both options meet the requirements for Category 1-A AOA CME credit to be awarded to all participants. The content experts (speakers) are available both in-person and virtually to respond to questions/comments on the content presented.

Full conference participation offers 34 Category 1A AOA Credits which includes 2 CPSL Credits, 1.75 Opioid Credits, and 6 Patient Safety Credits applicable to Pennsylvania licensure requirements.

ACCREDITATION STATEMENT

The Pennsylvania Osteopathic Medical Association (POMA) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. POMA designates this live activity for a maximum of 34 Category 1-A AOA CME credits and will report CME credits to the AOA commensurate with the extent of the physician's participation in this activity.

The Pennsylvania Osteopathic Medical Association (POMA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. POMA designates this live activity for a maximum of $34 \text{ AMA PRA Category 1 Credits}^{TM}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The POMA 116th Annual Clinical Assembly has been planned and implemented in accordance with the accreditation requirements and policies of the AOA Council on Continuing Medical Education and the ACCME. Attendees can earn 1 CME credit for every 60 minutes of educational time.