



POMA DISTRICT VIII 37TH ANNUAL EDUCATIONAL WINTER SEMINAR
JANUARY 18-21, 2024
In-Person at Seven Springs • Virtual, Live Simulcast • On-Demand
24 Category 1-A AOA CME Credits and 24 Category 1A AMA PRA Category 1 Credits™

DAY 1 – THURSDAY, JANUARY 18, 2024		
MEETING TIMES (EST)	TOPIC	SPEAKER
1:00 PM – 7:30 PM	Registration Open • Exhibits Open	
1:45 PM – 2:00 PM	Opening Remarks	Gene Battistella, DO
2:00 PM – 3:00 PM	COVID-19 in 2024	Amesh Adalja, MD
3:00 PM – 4:00 PM	Menopause: Understanding the Transition & Treatment Options	Bryan LaBuda, DO
4:00 PM – 4:30 PM	Break • Exhibits	
4:30 PM – 5:30 PM	Safe Buprenorphine Prescribing Practices	Elizabeth Zona, DO
5:30 PM – 6:30 PM	Concussion – Individualizing Care	Marco Alcalá, Jr., MD
6:30 PM – 7:30 PM	Ordering and Interpreting Rheumatology Tests	Jason Bankert, DO
7:30 PM – ???	S'mores Family Social • Matterhorn	

DAY 2 – FRIDAY, JANUARY 19, 2024		
MEETING TIMES (EST)	TOPIC	SPEAKER
7:00 AM	Morning Wellness Walk – Meet at District 8 Registration Desk	
7:30 AM – 4:30 PM	Registration Open • Breakfast in Exhibit Hall	
8:00 AM – 9:00 AM	Empiric Antimicrobial Selection in 2024	Bret Chapman, PharmD
9:00 AM – 10:00 AM	Breast Cancer Screening 2024 – What's New?	Patti Stefanick, DO
10:00 AM – 11:00 AM	GERD – A Holistic Approach	Brianne Wehner, DO
11:00 AM – 11:30 AM	Break • Exhibits	
11:30 AM – 12:30 PM	Lipid Management: More Than Just Pharmaceuticals	John Ward, DO
12:30 PM – 1:30 PM	Office Orthopedics & Sports Medicine	Jacob Turnbull, DO
1:30 PM – 2:30 PM	Break • Exhibits	
2:30 PM – 4:30 PM	Radiology Case Presentation (<i>Optional Session</i>)	Harry Patton, DO
5:30 PM – 6:00 PM	New & Military Member Reception • Winterberry Room	
6:00 PM – 7:30 PM	District VIII Reception (open to all attendees, exhibitors and families) • Winterberry Room	

DAY 3 – SATURDAY, JANUARY 20, 2024		
MEETING TIMES (EST)	TOPIC	SPEAKER
7:00 AM	Morning Wellness Walk – Meet at District 8 Registration Desk	
7:30 AM – 4:45 PM	Registration Open • Breakfast in Exhibit Hall	
8:00 AM – 9:00 AM	Cannabinoid Therapeutics in Healthcare	Nicholas Bottaro, DO
9:00 AM – 10:00 AM	Platelet Rich Plasma	Justin Berthold, DO
10:00 AM – 11:00 AM	Pediatric Infectious Disease Update	Angela Zawisza, DO
11:00 AM	First 100 Registrants Prize Drawing	
11:00 AM – 11:30 AM	Break • Exhibits	
11:30 AM – 1:30 PM	Mandated Reporter Training	Shayna Blackford
1:40 PM – 2:40 PM	Break • POMA District VIII Business Meeting with Elections	
2:45 PM – 4:45 PM	OMM for Elderly Patients (<i>Optional Workshop</i>)	Kevin Thomas, DO

DAY 4 – SUNDAY, JANUARY 21, 2024		
MEETING TIMES (EST)	TOPIC	SPEAKER
7:00 AM	Morning Wellness Walk – meet at District 8 Registration Desk	
7:30 AM – 1:30 PM	Registration Open • Breakfast in Lecture Room	

8:00 AM – 9:00 AM	COPD Update	Michael Venditto, DO
9:00 AM – 10:00 AM	ADHD: An Overview	Deana Bidey, DO
10:00 AM – 10:30 AM	Break	
10:30 AM – 11:30 AM	Diabetes Mellitus: A Primary Care Approach	Kelly Raj, DO
11:30 AM – 12:30 PM	Diet & Medications for Obesity & Weight Loss	Noor Khan, MD
12:30 PM – 1:30 PM	Transfer of AMI Cardiogenic Shock Patients to a Level 1 Shock Center	David Lasorda, DO
1:30 PM	Closing Remarks & Survivor Drawing (must be present to win)	Gene Battistella, DO

Note, this agenda and educational topics are subject to change.

ACCREDITATION

The Pennsylvania Osteopathic Medical Association (POMA) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. POMA designates this live activity for a maximum of 24 Category 1-A AOA CME credits and will report CME credits to the AOA commensurate with the extent of the physician’s participation in this activity.

The Pennsylvania Osteopathic Medical Association (POMA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. POMA designates this live activity for a maximum of 24 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The POMA District VIII 37th Annual Educational Winter Seminar has been planned and implemented in accordance with the accreditation requirements and policies of the AOA Council on Continuing Medical Education and the ACCME. Attendees can earn 1 CME credit for every 60 minutes of educational time.