

POFPS MENTOR PROGRAM MATERIALS

DEC 2021/ JAN 2022 - BUSINESS

- Business
 - Career – practice types, advertising, contract negotiations, non competes, moonlighting
 - Personal – debt management, wealth advisor, retirement, Physician mortgage loan, resources, side-gigs
- Resources
 - Books:
 - [White Coat Investor - James M Dahle, MD](#)
 - [Rich Dad, Poor Dad - Robert T. Kiyosaki](#)
 - [The Boglehead's Guide to Investing - Lindaur, et al](#)
 - Podcasts
 - [#HCBiz show with Don Lee and Shahid Shaw](#)
 - “A practical podcast on the business of healthcare”
 - [The Practice Growth](#)
 - 15 minute episodes that “offers effective healthcare marketing and practice management strategies and tactics doctors, dentists, and other healthcare providers can use to start or grow their private practices”
 - Articles
 - [Personal Finance - Dr. Nevrekar](#)
 - [4 types of medical practice: Which one is right for you? - Whitney J. Palmer](#)
 - [Physician contracting: Do's and don't in interviews, negotiations](#)
 - [Contracts Need to Ensure Physicians are Free Agents - Steven M Harris](#)
 - [Evaluating Employment Agreements - Michale R. Burke, JD](#)
 - [7 Physician Side Hustles for Extra Income](#)
 - Webpages
 - [Physician Side Gigs](#)
 - <https://www.whitecoatinvestor.com/>
 - [Medical Decision Making for Outpatient E/M Codes - MGMA](#)
 - [Medical Decision making for Outpatient E/M Codes - AMA](#)
- Prompts:
 - What does success look like to you?
 - What are your financial goals for 1 year? 5 years? Retirement?

- Do you have a number in your mind of how much you prefer to have in the bank?
 - Do you know how to get to that number?
- When considering money, do you prefer to spend or save?
- Consider what finances looked like in your family of origin. Is this a model you want to follow or avoid?
- Do you have a set timeline to discuss financial future with your life partner?
- What are 5 ways you could earn more money if you chose to?
- What is most valuable to you: Time richness (not working as much?) or money in the bank or using money to pay for experiences?